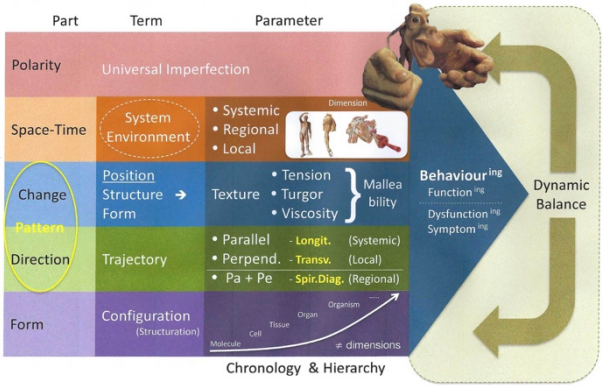
PROGRAM

SEMINAR 1 : PRINCIPLES ABOUT ANAMNESIS, PALPATION & DIAGNOSTICS

Goal:

- Establishing a protocol with physical parameters (the mechanism).
- Understanding the meaning of the parameters in the context of a pattern of strain.
- Translating the impact of a pattern of strain into symptoms & clinical signs.
- Training manually the handling of the parameters and their significands.



Scheme:

- Practical theory:
  - The different aspects of the theoretical background are discussed by the formula of "*question & answer*". This enables a direct dialogue with constant feedback to the daily practice.
- Practical theory:
  - All essential parameters of the mechanism are practiced "hands-on" in groups of three individuals. During each exercise, one individual is object of observation, one is observing, and one is acting. Each exercise is repeated multiple times. This allows to train the exercise more than once where every participant will be once observer and once actor. This allows constant feedback between observer and actor.

Time table:

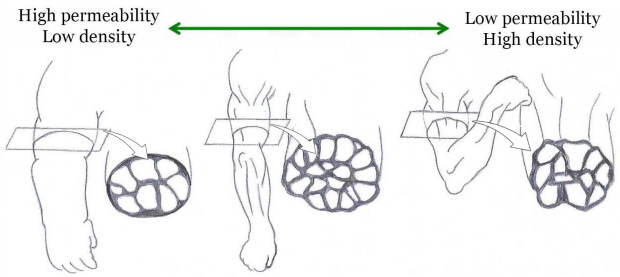
- Day 1-2-3
  - 9:00-10:40 / 11:00-12:40 / 14:00-15:50 / 16:10-18:00
- Day 4:
  - 9:00-10:40 / 11:00-12:40

Day 1

- « The Mechanism » as a protocol for anamnesis & palpatory diagnostics
- The parameters of "Space-Time"
- The parameters of "Change"
- Practice: Texture

⇒ *Training of calibrating palpatory instruments (fulcrum, etc.).*

⇒ *Differentiation between viscosity, turgor, tension and malleability.*



Day 2

- The parameters of « Direction »
- Practice: Texture
- Practice: Visualisation

⇒ *Establishing an anatomical representation of the texture*
⇒ *Establishing an anatomical representation of the spatial alignments of structures with the same texture.*

Day 3

- The parameters of « Form »
- The parameters of « Polarity »
- The parameters of « Dynamic Balance"
- Practice: Visualization
- Practice: Direction

⇒ *Establishing an anatomical representation of the texture*
⇒ *Establishing an anatomical representation of the spatial alignments of structures with the same texture.*

Day 4

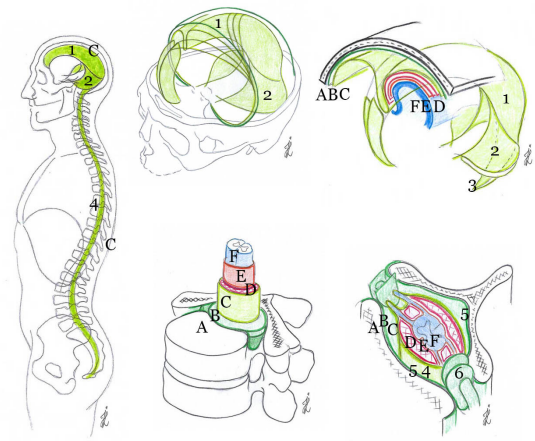
- The osteopathic translation of : Behaviour-Function-Symptom
- Practice: Correction

⇒ *Redefining medical terms into osteopathic vocabulary related to the parameters of the mechanism.*

SEMINAR 2 : CRANIO-VERTEBRO-SACRAL SYSTEM

Goal:

- Applying the theory & practice of seminar 1 in the specific context of the cranio-vertebro-sacral system.
- Recognizing the difference of dimensional characteristics by changing the macroscopic arthrokinematical reference frame (Sutherland & Magoun) into a morphological reference frame in accordance with the patient's individual pattern of strain.
- Training manually the handling of the parameters and their significance in specific regions of the cranio-vertebro-sacral system (systemic, regional, local).



Scheme:

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- Practical theory:
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- Day 4:
  - 9:00-10:40 / 11:00-12:40

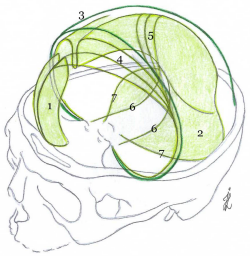
Day 1

- Dynamic balance & the control mechanisms for metabolism
- Practice: Neurovegetative as well as veno-lymphatic signs & drawing up an individual schedule

⇒ *Recognizing clinical signs and translating these into a veno-lymphatic and/or neurovegetative scheme with related target zones of pattern of strain.*

Day 2 – CRANIUM

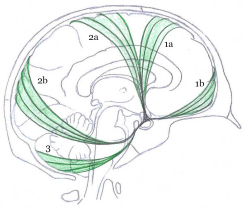
- The parameters of "Space-Time"
- The parameters of "Change"
- Practice: Texture
- Practice: Visualisation



⇒ *Establishing an anatomical representation of the texture*
⇒ *Establishing an anatomical representation of the spatial alignments of structures with the same texture.*

Day 3 (morning) – CRANIUM

- Practice: Direction
- Practice: Correction



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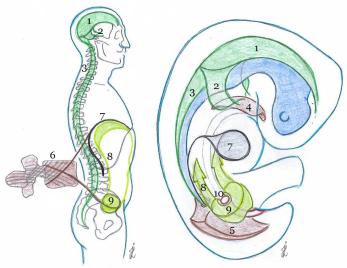
Day 3 (afternoon) – SPINE

- The parameters of "Space-Time"
- The parameters of "Change"
- Practice: Texture
- Practice: Visualisation



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Day 4 – SPINE

- Practice: Direction
- Practice: Correction

⇒ *Establishing an anatomical representation of the texture*
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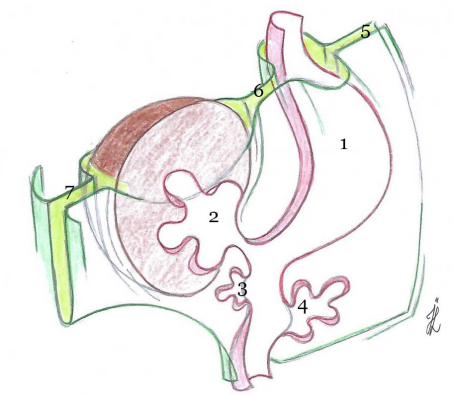
SEMINAR 3 : DIGESTIVE SYSTEM

Goal:

- Applying the theory & practice of seminar 1 in the specific context of the digestive system.
- Recognizing the difference of dimensional characteristics by changing the macroscopic organ reference frame into a morphological reference frame in accordance with the patient's individual pattern of strain.
- Training manually the handling of the parameters and their significance in specific regions of the digestive system (systemic, regional, local).



Scheme:

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- Practical theory:
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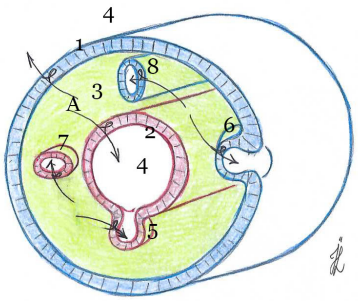
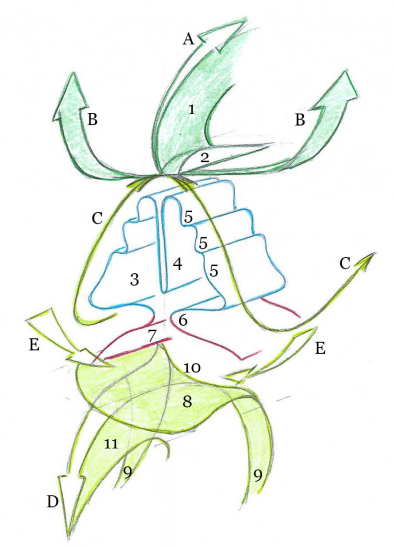


Day 1

- Dynamic balance & the control mechanisms for metabolism
- Listing of clinical signs related to skin & mucosa
- Practice: drawing up an individual schedule of clinical signs related to skin & mucosa

⇒ *Recognizing clinical signs and translating these into visceral scheme with related target zones of pattern of strain.*

Day 2 – FACE & NECK



- The parameters of "Space-Time"
- The parameters of "Change"
- The parameters of "Direction"
- The parameters of "Form"
- Practice: Texture
- Practice: Visualisation
- Practice: Direction
- Practice: Correction

⇒ *Establishing an anatomical representation of the texture*
⇒ *Establishing an anatomical representation of the spatial alignments of structures with the same texture.*

Day 3 – TRUNK

- The parameters of "Space-Time"
- The parameters of "Change"
- The parameters of "Form"
- Practice: setting up an arterial reference frame for organ localization
- Practice: SYSTEMIC: Texture - Visualisation - Direction - Correction
- Practice: REGIONAL: Texture - Visualisation - Direction - Correction

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Day 4 – TRUNK

- Practice: setting up an arterial reference frame for organ localization
- Practice: REGIONAL: Texture - Visualisation - Direction - Correction
- Practice: LOCAL: Texture - Visualisation - Direction - Correction

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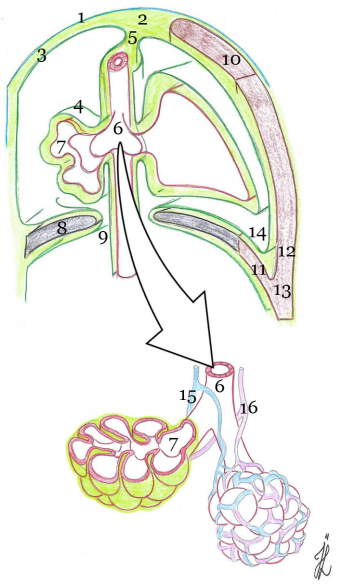

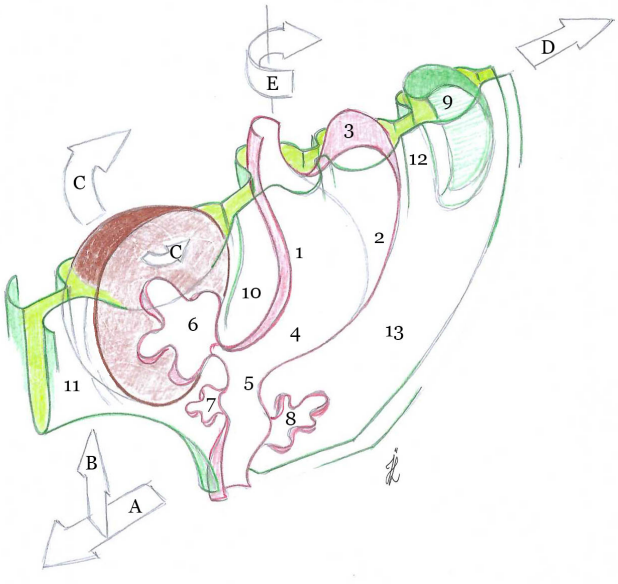

SEMINAR 4 : UROGENITAL & LOCOMOTORIC TRAJECTORIES

Goal:

- Applying the theory & practice of seminar 1 in the specific context of the urogenital & locomotoric system.
- Recognizing the difference of dimensional characteristics by changing the macroscopic organ reference frame into a morphological reference frame in accordance with the patient's individual pattern of strain.
- Training manually the handling of the parameters and their significance in specific regions of the urogenital & locomotoric system (systemic, regional, local).

Scheme:

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- Practical theory:
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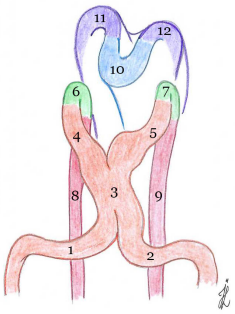
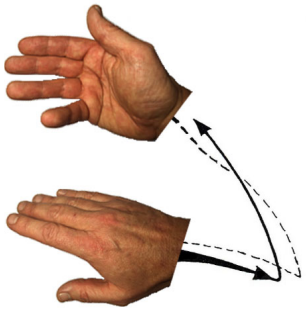
Day 1 – VASCULAR TRAJECTORIES

- The parameters of "Space-Time"
- The parameters of "Change"
- The parameters of "Direction"
- The parameters of "Form"
- Practice: Texture
- Practice: Visualisation
- Practice: Direction
- Practice: Correction





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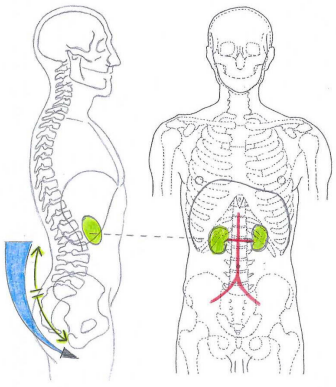
Day 2 – RENAL TRAJECTORIES

- The parameters of "Space-Time"
- The parameters of "Change"
- The parameters of "Direction"
- The parameters of "Form"
- Practice: Texture
- Practice: Visualisation
- Practice: Direction



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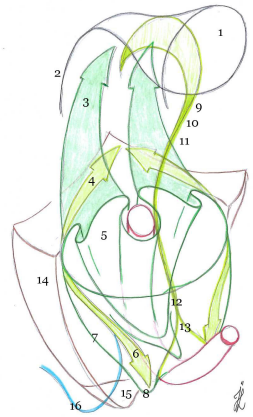
Day 3 (morning) – GENITAL TRAJECYTORIES



- The parameters of “Space-Time”
- The parameters of “Change”
- The parameters of “Direction”
- The parameters of “Form”
- Practice: Texture
- Practice: Visualisation
- Practice: Direction
- Practice: Correction

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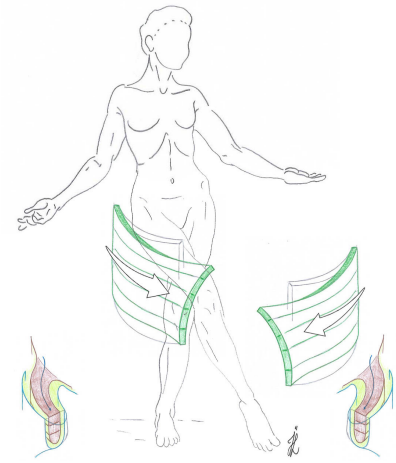
Day 3 (afternoon) – LOCOMOTORIC TRAJECTORIES



- The parameters of “Space-Time”
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- The parameters of “Direction”
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- Practice: Texture
- Practice: Visualisation
- Practice: Direction
- Practice: Correction

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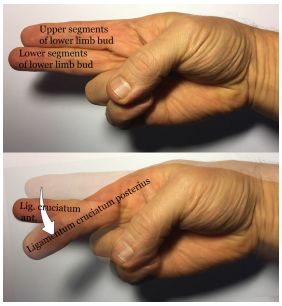
Day 4 – LOCOMOTORIC TRAJECTORIES



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NOTE:

- This program is an indication of content and schedule. It is possible that due to circumstances slight changes can occur. However, this does not have an impact on the content as such.
- In the case of seminars outside of Europe – It is possible to combine the 1st and 2nd seminar as well as the 3rd and 4th seminar. For more organizational details, please contact us.
